DAILY/WEEKLY PRODUCTIVITY CHECK IN

From Our Daily Craft

Remember: productivity is not just about checking things off your to-do list. Sometimes it's really productive to start something, or to let something go. Use this check in as often as you need to remind yourself that you really did something important, even when it doesn't feel like it.

What did I start?

What did I stop/let go of?

What did I make progress on?

What did I finish?

Who did I help?

How did I feel?

What am I glad/proud that I did?